

Whitsundays / Mackay Region with **Bec Russell**

2026 Level 1 Yoga Teacher Training Dates

Module 1: Saturday May 2

Module 2: Sunday May 3

Module 3: Saturday May 23

Module 4: Sunday May 24

Module 5: Saturday June 13

Module 6: Sunday June 14

Module 7: Saturday July 18

Module 8: Sunday July 19

Module 9: Saturday August 1

Module 10: Sunday August 2

Module 11: Saturday August 15

Module 12: Sunday August 16

Module 13: Saturday August 29

Module 14: Sunday August 30

Workshop Time: 12 - 4.30PM

Workshop Address: Fitness Venue
173 Shute Harbour Road
Cannonvale

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